

## Universal Method for Saxophone Exercise Index

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ARTICULATION				
Slurring	Exercises in slurring	37-61	31-38	
	18 exercises on articulation	111-128	52-54	
Slurring	Getting ready for the upper register	129-137	55-56	
Slurring	50 exercises from low Bb to high F	1-50	67-91	Use front F key for #50 p. 90-91
	21 exercises on detached notes in different keys	1-21	92-97	Try this using different articulations
Slurring	Exercises on execution in different keys & time signatures	1-27	98-107	Practice with different articulations
	3 exercises on staccato	1-3	108-109	
Slurring	Exercises on triplets	1-4	162-164	
	All the various studies		158-164 inclusive	Try these using different articulations
	40 exercises on slurred and detached notes	1-40	165-178	Practice with different articulations
	17 exercises on syncopation	1-17	179-183	
Slurring	Syncopated slurs	14-17	183	
Slurring	Low Bb, B, & C# keys		197-200	You don't need the "improved" keys shown in the diagram.
Slurring	11 progressive studies	1-11	226-235	Page 226 missing from PDF version of book
Slurring	9 easy variations on a theme	I-IX	236-239	
Slurring	Theme with variations		240-242	
Slurring	20 studies for saxophone	1-20	243-262	
Slurring	15 studies in the medium register	1-10	263-274	
Slurring	Exercises on difficult fingers	11-15	275-279	This continues the medium register exercises
	11 progressive studies	1-11	226-235	Page 226 missing from PDF version of book

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<b>CHORDS</b>	Most common Major and Minor keys	172	62	
	Major & Minor chords	1-12	212-213	Practice with different articulations
	Dominant 7th		214	Practice with different articulations
	Diminished 7th		214	Practice with different articulations
	10 arpeggios in Major keys	1-10	215	Practice with different articulations
<b>DUETS</b>	10 duets	1-10	125-143	
	6 duets	1-6	144-157	
	4 concert duets	1-4	290-302	
<b>INTERVALS</b>	Exercises on intervals	17-23	28-29	
	Exercises on slurring	37-61	31-38	
	Getting ready for the upper register	129-137	55-56	
	Most common Major and Minor keys	172	62	
	50 exercises from low Bb to high F	1-50	67-91	Use front F key for #50 p. 90-91
	Major & Minor scale interval exercises	1-24	208-211	Practice with different articulations
	20 studies for saxophone	1-20	243-262	
	Exercises on difficult fingerings	11-15	275-279	
	Major & Minor	142-171	58-61	
	21 exercises on detached notes in different keys	1-21	92-97	Practice with different articulations
<b>KEY SIGNATURES</b>	Exercises on execution in different keys & time signatures	1-27	98-107	Practice with different articulations
	17 exercises on syncopation	1-17	179-183	
	Progressive Major & Minor Scales	1-45	201-207	Practice with different articulations

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TOPIC	TITLE	EXERCISE #	PAGE #	NOTES
<b>KEY SIGNATURES CON'T</b>	Major & Minor Chords	1-12	212-213	Practice with different articulations
	10 arpeggios in Major keys	1-10	215	Practice with different articulations
	11 progressive studies	1-11	226-235	Page 226 missing from PDF version of book
	20 studies for saxophone	1-20	243-262	
<b>LONG TONES</b>	Preparatory Exercises	1-15	27-28	This exercises work on developing overall tone
	Diatonic Scale of C Major & its intervals	16-23	28-29	This exercises work on developing overall tone
	Shading	24-28	29-30	This exercises work on developing overall tone
	Exercises in slurring	37-41	31-32	Use a metronome and set the tempo at <60. Concentrate on your tone.
	Getting ready for the upper register	129-137	55-56	Use a metronome and set the tempo at <60. Concentrate on your tone.
	Major & Minor	142-171	58-61	Use a metronome and set the tempo at <60. Concentrate on your tone.
	Most common Major and Minor keys	172	62	Use a metronome and set the tempo at <60. Concentrate on your tone.
<b>LOWER REGISTER EXERCISES</b>	50 exercises from low Bb to F above the staff	1-16	67-69	
	Low Bb, B, & C# keys		197-200	You don't need the "improved" keys shown in the diagram.
<b>MIDDLE REGISTER EXERCISES</b>	50 exercises from low Bb to F above the staff	17-45	70-85	
	15 studies in the medium register	1-15	263-279	

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<b>ORNAMENTATIONS</b>	15 Cadenzas	1-15	121-123	
	Cadenzas	17	259	
	Grace Notes		24	Definition & examples
	Grace Notes		110-111	
	Grace Notes	9-10	273-274	
	Double grace notes		112-113	
	Mordents (passing shake)		25	Definition & examples
	Mordents (passing shake)		118-120	
	Mordents (passing shake)	16	258	
	Turns (gruppetto)		25	Definition & examples
	Turns (gruppetto)		113-114	
	Trills (shake)		25	Definition & examples
	Fantasia on Norma Many different ornamentations	8	225	Page 225 missing from PDF version of the book
	Trills (shake)		115-117	Includes trill table
	11 progressive studies	11	233-235	Trills
<b>RHYTHM</b>				
Note & Rest Value	Exercises on time	30-36	30-31	Intro to note, rest & time signatures
Time Signatures	Exercises on time	30-36	30-31	Intro to note, rest & time signatures
Syncopation	Syncopation	65	39	Intro
Note & Rest Value	Progressive exercises on time & counting	62-90	39-44	
Time Signatures	Progressive exercises on time & counting	62-90	39-44	
Time Signatures	Exercises on execution in different keys & time signatures	1-27	98-107	Practice with different articulations
Note & Rest Value	Eights and sixteenths note exercises	1-5	158-160	Practice these with different articulations
Note & Rest Value	Dotted eighths and sixteenths	1-2	160	Practice these with different articulations
Note & Rest Value	Sixteenth note rests		161	
Note & Rest Value	Dotted sixteenths and thirty-second notes		161	
Note & Rest Value	Thirty-second note rests		162	

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<b>RHYTHM CON'T</b>				
Note & Rest Value	Exercises on triplets	1-4	162-164	Practice with different articulations
Note & Rest Value	40 exercises on slurred and detached notes	1-40	165-178	Practice with different articulations
Syncopation	17 exercises on syncopation	1-17	179-183	
Note & Rest Value	11 progressive studies	1-11	226-235	Page 226 missing from the PDF version of the book
Note & Rest Value	9 easy variations on a theme	I-IX	236-239	
Note & Rest Value	Theme with variations		240-242	
Note & Rest Value	20 studies for saxophone	1-20	243-262	
Note & Rest Value	15 studies in the medium register	1-10	263-274	
Note & Rest Value	Exercises on difficult fingers	11-15	275-279	This continues the medium register exercises
<b>SCALES</b>	Chromatic	138-141	57	Ignore the Evette & Schaeffer system fingerings
	Chromatic		216-217	Practice with different articulations
	Major & Minor	142-171	58-61	
	Progressive Major & Minor	1-45	201-207	Practice with different articulations
<b>SOLOS</b>	Intro of the Adagio of a Beethoven sonata	1-3	123-124	Puts the various ornamentations into practice
	20 operatic melodies	1-20	184-196	
	8 Fantasias	1-8	218-225	Page 225 missing from PDF version of book
	9 easy variations on a theme	I-IX	236-239	
	Theme with variations		240-242	
	4 solos	1-4	280-287	
	Air with variations	11 & variations 1-5	288-289	
	Solos tying it all together	1-11	303-320	

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TOPIC	TITLE	EXERCISE #	PAGE #	NOTES
<b>TECHNICAL EXERCISES</b>	20 progressive exercises for saxophone	91-110	45-51	
	18 exercises on articulation	111-128	52-54	
	60 exercises on mechanism	1-60	63-66	
	50 exercises from low Bb to high F	1-50	67-91	Use front F key for #50 p. 90-91
	21 exercises on detached notes in different keys	1-21	92-97	Practice with different articulations
	Exercises on execution in different keys & time signatures	1-27	98-107	Practice with different articulations
	All the various studies	Inclusive	158-164	Practice with different articulations
	40 exercises on slurred and detached notes	1-40	165-178	Practice with different articulations
	17 exercises on syncopation	1-17	179-183	
	Low Bb, B, & C# keys		197-200	You don't need the "improved" keys shown in the diagram.
	Progressive Major & Minor	1-45	201-207	Practice with different articulations
	Major & Minor scale interval exercises	1-24	208-211	Practice with different articulations
	11 progressive studies	1-11	226-235	Page 226 is missing from the PDF copy
	20 studies for saxophone	1-20	243-262	
	15 studies in the medium register	1-10	263-274	
	Exercises on difficult fingerings	11-15	275-279	This is continues the medium register exercises
<b>UPPER REGISTER EXERCISES</b>	Getting ready for the upper register	129-137	55-56	
	50 exercises from low Bb to F above the staff	45-50	85-91	

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<b>UPPER REGISTER EXERCISES CON'T</b>	Left palm keys	46-49	86-89	
	Front F key	50	90-91	Most saxes have this key. Only certain vintage and some current student horns don't.
<b>VOLUME (SHADING)</b>	Shading	24-29	29-30	Intro with some very basic exercises
<b>**IMPORTANT STUFF YOU NEED TO KNOW IF YOU ARE SERIOUS ABOUT PLAYING SAX &amp; MUSIC**</b>	Intro		10-12	Sax-specific info
	Musical terms		13	Words, abbreviations, & definitions
	Rudiments of music		16	
	Note & rest values		17	
	Other groupings of notes		18	
	Time signatures		18	
	Scales		19	
	Sharps		19	
	Key signatures containing sharps		20	
	Flats		20	
	Key signatures containing flats		20	
	Minor scales		21	
	Naturals		22	
	Double sharp		22	
	Double flat		22	
	Pause		22	
	Chromatic scale		22	
	Abbreviations		23	
	Transposition of the keys		23	
	Volume (shading)		24	
	Grace notes		24	
	Turns (gruppetto)		25	
	Passing trills		25	
	Trills (shake)		25	

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## General Usage Suggestions & Comments

The Universal Method for Saxophone, by Paul DeVille, is still considered one of the seminal study books for our instrument—despite having originally been published in 1908.

This index for the Universal Method is a tool for both saxophone instructors and students, and is designed to help you get the most out of the book. But it is only a tool. How you use this tool is up to you.

A few points to keep in mind:

- ☐ The Universal Method can be used by anyone from beginning to advanced saxophone players.
- ☐ It can be used for a lifetime of playing and study.
- ☐ In short, the Universal Method builds and keeps many vital skills up.
- ☐ The book is NOT intended for sequential study. That's what this index is for.
- ☐ Almost any exercises in this book can be used as technical exercises.
- ☐ Technical exercises however, are only 1 of the things we as saxophonists need to practice daily.
- ☐ It is better to do 30 minutes of organized practice, than 60 minutes with no clear purpose.

One way to use this book:

1. Put together a study plan with the help of your teacher, to work on all aspects you need to work on. EG: tone, fingerings, technique, clean execution, high notes, low notes, diaphragm breathing, etc, etc.
2. Then use this guide to pull together some exercises that work the areas that need it.
3. Develop a practice plan making sure that it is realistic and works for your situation. Don't try and take on too much at a time.

Other ways to use this book:

1. Work on the areas you need to improve on.
  - a. Using this index can be helpful in finding the exercises you need for this.
2. Practice certain parts of the book to maintain skills and keep fluent on certain technical skills.
3. Use it as a daily, regular, or semi-regular practice book once you've reached the advanced playing level.

My personal example:

I am on my 2nd copy of the Universal Method these days. My first copy has a cracked spine with pages falling out. I originally got it when I took private lessons in high school. I worked through about 80-85% of the book before I got to university. I still use the book today when playing duets with friends, maintaining my technical skills, or if I'm trying to master the low or high ranges of a new (to me) saxophone.

Suggestions/improvements appreciated:

If you have any suggestions for improvements, such as topics that I have missed, or anything else, please send them to me at: [bassic.sax.info@gmail.com](mailto:bassic.sax.info@gmail.com)

Happy practicing.... helen